

## **Solent Mind – New Forest Wellbeing**

**Role: Horticulture volunteer x 2**

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**Location: New Forest Wellbeing**

**Position 1 Marcella House Hythe Southampton**  
**Position 2 The Hollies New Milton**

**When: To be agreed**

**Commitment required: Minimum 3 hours per week.**

### **Requirements:**

- **The ability to communicate well with others.**
- **A good level of physical dexterity as the role requires some lifting and bending.**
- **Ability to work as part of a team and to think independently**
- **To support people with and mental health issues to undertake horticultural activities.**
- **A good general knowledge of horticulture.**

**Role Purpose: The New Forest wellbeing service works with people with mental health issues. The role will be to assist the wellbeing service to undertake horticultural work with our service users in order to make the best of and make full use of our garden areas.**

### **Main Responsibilities**

- **To work alongside service users supporting them to undertake horticultural activities such as potting, propagation, growing and garden maintenance.**
- **Under the direction of The Wellbeing service , help with the maintenance of the garden area**
- **To be responsible for personal health and safety.**

**What's in it for you: We offer a friendly working environment that really works as part of a team. For your commitment, we offer training and support to enable you to get the most out of working for the organisation. Our volunteers are integral to the New Forest Wellbeing Service and are seen as such.**

**For further information about the role please contact:  
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<b>Date role originated: 17<sup>th</sup> February 16 Created by: Diane Hannam</b>
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