



Solent Mind - Job Description

Job Title: Volunteer - Quick Reaction Force (Veterans Service)

Location:	Portsmouth; Home Based
When:	Ongoing
Commitment Required:	One to twelve days/nights per month depending on your availability
Requirements:	Volunteers are sought from the Armed Services Veteran community
Role Purpose:	As a volunteer for this new and innovative service, you will be working to support fellow veterans who are experiencing crisis or significant difficulties within the Portsmouth area. You may be called upon to attend situations alongside Police, Ambulance or other crisis services when a Veteran is at risk or needs intensive and urgent support. You will use your skills and experience to de-escalate the situation and guide the Veteran into suitable services where they can get further appropriate support.

Main Responsibilities:

- Be part of an on-call rota of QRF volunteers
- Take calls from Police, Ambulance, 999, 111, Crisis Team, others and attend as directed
- Work in conjunction with the referring service to plan suitable interventions
- Use your skills and experience to de-escalate the situation you attend
- Following urgent intervention, support the Veteran you are working with to find suitable help from 'Positive Minds' or other suitable services
- Attend regular group supervision
- Attend ongoing training

What's In It For You?

- The opportunity to be part of a pilot that could be rolled out nationwide
- The opportunity to make a difference to Veterans who are experiencing distress
- To be part of a new and exciting service helping the Veteran community
- Sharing your own experience and knowledge to help other Veterans
- Becoming a vital part of building and strengthening a robust veteran support network
- Learn new transferable skills and techniques
- Full support and training from Solent Mind and our partners
- Fully paid expenses (within policy)

Why We Want You:

- Your own service background, skills experience and ability to relate to other Veterans means you are well placed to be supportive and trusted by our service users
- Your interest in, or own lived experience of mental health issues
- Your commitment to mental wellbeing for Veterans
- Your ability to conduct rapid and dynamic risk assessments
- Your attention to detail

Additional Notes:

- Full training in Mental Health First Aid, and Suicide Prevention will be provided
- Induction, ongoing training and supervision will be provided

For further information about the role please contact:

Anna-Marie Tipping (Veterans Wellbeing Co-Ordinator)
Positive Minds, Portsmouth Support & Recovery
Email: amtipping@solentmind.org.uk

<p>Date Role Originated: 07 June 2019 Date Role Updated: 06 Nov 2019 Created By: Ruby Wright / Anna-Marie Tipping</p>
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