

Solent Mind opening times over the festive season

Solent Mind Info Line

We can provide information and signpost you to local services:

Mon 23rd & Tues 24th: 9am - 4.30pm
Fri 27th: 9am - 4.30pm
Mon 30th & Tues 31st: 9am - 4.30pm
Thurs 2nd: 9am - 4.30pm
Fri 3rd: 9am - 4.30pm

Please remember that the Info line is not suitable for those in need of urgent help. For suitable contacts, please take a look at the 'Help in a Crisis' page.

Peer Support

All scheduled peer support groups will run as normal until Friday 20th December. Groups will resume Monday 6th January.

Portsmouth Support & Recovery Service

Employment Support

Mon 23rd & Tues 24th: 9am - 5pm
Fri 27th: 9am - 5pm
Mon 30th & Tues 31st: 9am - 5pm
Thurs 27th: 9am - 5pm
Normal working hours resume from Thursday 2nd Jan

Community Peer Recovery

Mon 23rd & Tues 24th: 9am - 5pm
Fri 27th: 9am - 5pm
Mon 30th & Tues 31st: 9am - 5pm
Thurs 27th: 9am - 5pm
Normal working hours resume from Thursday 2nd Jan

Solent Recovery College

Solent Recovery College will be closed over the Christmas period and return Monday 6th January. If you'd like information about the college or would like to enrol in the new year, have a look at our website or email SRC@solentmind.org.uk.

Advocacy

Our Hampshire-wide Advocates will take telephone or email enquires on the following dates:

Mon 23rd & Tues 24th: 9am - 5pm
Fri 27th: 9am - 4.30pm
Mon 30th & Tues 31st: 9am - 5pm
Thurs 2nd: 9am - 5pm
Fri 3rd: 9am - 4.30pm

Italk

Outside of scheduled appointments, italk will take telephone or email enquires :

Mon 23rd: 8am - 6pm
Tues 24th: 8am - 4.30pm
Fri 27th: 8am - 4.30pm
Mon 30th & Tues 31st: 8am - 6pm
Thurs 2nd: 8am - 6pm
Fri 3rd: 8am - 4.30pm

Remind

Mon 23rd & Tues 24th: 9am - 5pm
Fri 27th: 9am - 5pm
Mon 30th & Tues 31st: 9am - 5pm
Thurs 27th: 9am - 5pm
Normal working hours resume from Thursday 2nd Jan

Mayfield Nurseries

Mayfield is open to the public for Christmas trees, wreaths and festive gifts:

Mon 23rd: 9.30am - 3.30pm
Tues 24th: 9.30am - 3.30pm
Thurs 2nd: 8.30am - 4pm
Fri 3rd: 8.30am - 4pm

PositiveMinds

Mon 23rd: 9am - 5pm
Tue 24th: 9am - 4pm
Fri 27th: 9am - 5pm
Mon 30th: 9am - 5pm
Tue 31st: 9am - 4pm
Thurs 2nd: 12.30pm - 7.30pm

Wellbeing Centres

New Forest: Marcella House

Sat 21st & Sun 22nd: 10am - 3pm
Mon 23rd: 9am - 5pm
Tue 24th: 9am - 2pm
Fri 27th: 9am - 5pm
Mon 30th: 9am - 5pm
Tue 31st: 9am - 2pm
Thurs 2nd: 9am - 5pm
Fri 3rd: 9am - 5pm

New Forest: The Hollies

Sat 21st & Sun 22nd: 10am - 3pm
Mon 23rd: 9am - 5pm
Tue 24th: 9am - 2pm
Fri 27th: Closed
Mon 30th: 9am - 5pm
Tue 31st: 9am - 2pm
Thurs 2nd: 9am - 5pm
Fri 3rd: Closed



Fareham & Gosport

Tues 24th: 10am - 12pm
Fri 27th: 10am - 12pm
Mon 30th & Tues 31st: 10am - 12pm

Eastleigh

Mon 23rd: 9am - 5pm
Tue 24th: 9am - 3pm
Fri 27th: 9am - 5pm
Mon 30th: 9am - 5pm
Tue 31st: 9am - 3pm
Thurs 2nd: 9am - 5pm
Fri 3rd: 9am - 5pm

Winchester

Mon 23rd: 9am - 5pm
Tue 24th: 9am - 3pm
Fri 27th: 9am - 4.30pm
Mon 30th: 9am - 5pm
Tue 31st: 9am - 3pm
Thurs 2nd: 9am - 5pm
Fri 3rd: 9am - 4.30pm