

Independent Mental Capacity Advocacy



Information to help
you understand
how an Independent
Mental Capacity
Advocate works
with you



Solent

Your Advocate will



- 1 meet with you and take time to get to know you.



- 2 listen to you and find out your views and wishes about decisions you are involved in.



- 3 share your views, hopes and wishes with the people making these decisions.



- 4 make sure people who work in health and social care hear your views.

Who can get help from an Independent Mental Capacity Advocate?

We can help if you are someone who is assessed as lacking capacity in relation to a specific decision at a time it needs to be made, and you have no family or friends who are willing or able to represent your views.

When can an Advocate help you?

- Situations where the NHS is providing, withdrawing or stopping serious medical treatment.
- Decisions when the NHS or a local authority propose a stay in a care home of more than 8 weeks or a permanent change of accommodation.
- A situation where you are staying in hospital longer than 28 days.
- At care reviews following a change of accommodation decision being made.
- We can also help with safeguarding enquiries.



The Independent Mental Capacity Advocacy Service is provided by Solent Mind the local mental health charity. You do not need to pay for this service.

How to get in touch with Solent Mind Advocacy Service



023 8020 8955



Advocacy@solentmind.org.uk



Write to us:

Solent Mind Advocacy

28 The Avenue, Southampton SO17 1XN

We're Solent Mind, the leading mental health charity across Hampshire. We're here to make sure that anyone with a mental health problem has someone to turn to for advice and support.

Find out more at www.solentmind.org.uk

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Recognising quality
in independent advocacy

an NDI Programme

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