

Service:	Positive Minds
Section:	Peer Support
Location:	Positive Minds
When:	To start as soon as possible
Commitment Required:	TBA – 4 hours every 2 weeks, evening and/or weekends, as well as time for research and outreach (negotiable). Extra time required at start for mandatory induction and online training.

Role Purpose:

To facilitate a support group for LGBTQIA+ people who are experiencing mental health concerns and provide a safe, supportive and non-judgemental space for people to express their experiences in a positive, productive and encouraging environment.

Main Responsibilities:

- To prepare and facilitate the group alongside other volunteers and/or Positive Minds staff
- To research relevant materials or information for group discussion
- To ensure a register of attendees is completed
- To report to a member of staff any safeguarding concerns regarding any attendee
- To attend supervision sessions with a senior member of staff
- To give notice of any absences for holiday or sickness
- Be aware of, and work within, Solent Mind Policies and Procedures
- To undertake any mandatory in person or online training relevant to the role and provided by Solent Mind

About You:

Essential Requirements

Items on this list are vital for you to be suitable for this role

- Has a good understanding of issues facing LGBTQIA+ people
- Has a non-judgemental and non-discriminatory approach to issues facing LGBTQIA+ people
- Has an understanding/awareness of mental health issues in LGBTQIA+ people and communities
- Full understanding of boundaries; including confidentiality and using discretion when dealing with individuals within a group
- Is trustworthy, reliable and a good timekeeper
- Good IT skills

Desirable Requirements

Items on this list would be desirable

- Identify themselves as part of the LGBTQIA+ community and/or has a close connection to someone who is LGBTQIA+
- Has some experience of working with vulnerable people in a paid or voluntary capacity
- Has some experience of preparing and delivering groups

What's in it for you?

- You will have the opportunity to gain experience in supporting people from the LGBTQIA+ communities, with mental health issues, so they can meet in a supportive and encouraging environment.
- Your input could make a difference to people's lives, so you may have the satisfaction of seeing individuals feel mutually supported and more confident.
- This role could also provide you with greater experience if you are looking into developing professionally within the voluntary sector or community work.
- You will have the opportunity to be an integral part of a team of staff and other volunteers, to support people who are struggling with their mental health.
- Aside from the mandatory courses, there will be opportunities for on-going training and personal development.

Why we want you:

After running an extensive survey, we are creating a group to respond to the needs of our LGBTQIA+ service users who do not have a specific outlet to discuss and share particular issues that may be affecting their lives. Our aim is to create a peer-led, welcoming, and accessible group for our service users in Portsmouth, so we are looking for volunteers to help in supporting and developing this project.

Additional Notes:

An Enhanced and Barred DBS check is required for this role.

The selection process will include completion of an application form and a successful informal interview. Volunteering will only formally start after the DBS and referencing processes are completed.

Transport costs will be reimbursed, and relevant training is provided online and/or at Solent Mind HQ in Southampton free of charge.

For further information about this volunteer role please contact:

Deyzi Bailey (Senior Administrator)

Office: 02392 824795 (Positive Minds office)

Email: dbailey@solentmind.org.uk

positiveminds@solentmind.org.uk

Role Updated: March 2022

Created By: Deyzi Bailey



DBS NOTE TO APPLICANTS

Disclosure & Barring Service And Recruitment Of Volunteers

Solent Mind has registered with the Disclosure & Barring Service (DBS), previously known as CRB, in order to make safe, well informed recruitment decisions. We are ensuring that all our relevant policies meet legal and best practice requirements.

We have assessed the role of:-

VOLUNTEER – LGBTQIA+ GROUP FACILITATOR

As requiring an:-

Enhanced & Barred level of disclosure.

All convictions, including convictions which would otherwise be “spent” under the Rehabilitation of Offenders Act 1974, must be disclosed for the purposes of this role application.

Solent Mind will determine the relevance of any convictions to the role applied for in line with guidance from the DBS.

Any applicant who is offered the role will be subject to a DBS check from the DBS before the appointment is confirmed. This will include details of cautions, reprimands or final warnings as well as convictions. Applicants will have the opportunity to discuss any disclosure information before a final decision is made as part of the post interview process.