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<b>Service:</b>	<b>Solent Recovery College</b>
<b>Section:</b>	<b>Peer Support</b>
<b>Location:</b>	<b>University Of Portsmouth (combined with some remote working)</b>
<b>When:</b>	<b>January 2022</b>
<b>Commitment Required:</b>	<b>3-6 hours per week (Mondays, Tuesday or Fridays)</b>

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### **Role Purpose:**

To support the delivery of Solent Recovery College by providing support to students in either face to face settings or digitally and to proudly promote the college.

### **Main Responsibilities:**

- Support the delivery of digital courses via Zoom by managing the chat and taking on the role of the 'monitor' when necessary (if looking to support digitally)
- Support and Promote the SRC ethos during Open Days and other engagement events
- Support students by meeting them on the university campus before class (if looking to support face to face)
- Sit alongside students who seek additional support during class (if looking to support face to face)
- Communicate effectively with the Team Lead if they are concerned for a student

### **About You:**

#### **Essential Requirements:**

<b>Items on this list are vital for you to be suitable for this role:</b>
<ul style="list-style-type: none"><li>• A positive attitude to people from diverse backgrounds</li><li>• Commitment to Solent Mind values</li><li>• Awareness of own wellbeing needs and ability to build and maintain resilience in emotionally challenging situations</li><li>• Excellent verbal communication skills, particularly being able and confident to listen empathetically to others</li><li>• Lived experience of mental health problems (either your own or supporting someone else)</li></ul>

## Desirable Requirements:

<b>Items on this list would be desirable:</b>
<ul style="list-style-type: none"><li>• Previous SRC student with knowledge of how the college operates</li><li>• Experience using MS Teams or Zoom</li><li>• Experience working in a mental health or education environment</li></ul>



## What's in it for you?

- You will gain experience and confidence in psychoeducational environment where learning and education are a means to support recovery.
- You will use be able to use your lived mental health experience whilst supporting, encouraging and inspiring others on their recovery journey.
- You will gain valuable communication skills by working with a range of stakeholders such as students, Adult Mental Health and Peer Trainers, the SRC team and other Solent Mind employees.

## Why we want you:

- You will play an integral role in supporting students who would like additional support before arriving to a class or whilst in the classroom.
- You will also support the college by promoting to prospective students about the courses offered and supporting them with their enrolment form if necessary.
- You will support us in ensuring students digitally by monitoring our chat box during classes.

## Additional Notes:

This role will require you to be DBS checked. If you are supporting the face to face delivery of the service, you must be able to get to the University of Portsmouth campus.

## For further information about this volunteer role please contact:

Rebecca Wright (Peer Trainer Co-Ordinator) [rwright2@solentmind.org.uk](mailto:rwright2@solentmind.org.uk) or 07827 293006

<b>Role Created/Updated:</b> 14 December 2021 <b>Created By:</b> Gaby Sanchez
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## **DBS NOTE TO APPLICANTS**

### **Disclosure & Barring Service And Recruitment Of Volunteers**

Solent Mind has registered with the Disclosure & Barring Service (DBS), previously known as CRB, in order to make safe, well informed recruitment decisions. We are ensuring that all our relevant policies meet legal and best practice requirements.

We have assessed the role of:-

#### **VOLUNTEER – SRC STUDENT AMBASSADOR**

As requiring an:-

**Enhanced & Barred** level of disclosure.

All convictions, including convictions which would otherwise be “spent” under the Rehabilitation of Offenders Act 1974, must be disclosed for the purposes of this role application.

Solent Mind will determine the relevance of any convictions to the role applied for in line with guidance from the DBS.

Any applicant who is offered the role will be subject to a DBS check from the DBS before the appointment is confirmed. This will include details of cautions, reprimands or final warnings as well as convictions. Applicants will have the opportunity to discuss any disclosure information before a final decision is made as part of the post interview process.

