



## **Solent Mind - Job Description**

**Job Title: Casual Associate Veteran Peer Trainer  
(Solent Recovery College)**

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**Solent Recovery College (SRC) offers a fresh way of working that draws on the experiences and skills of people who have used mental health services and the staff who work in them. SRC is a partnership with Solent NHS Trust, University of Portsmouth and Peer Workers to offer opportunities to learn about recovery. The focus is on education and offers learning opportunities about recovery, coping skills and living with ongoing symptoms.**

**Purpose: To be part of the Solent Mind Portsmouth Support & Recovery Service by facilitating educational sessions online and face-to-face in a classroom setting at the Solent Recovery College (SRC).**

**The Peer Support Workers facilitate training sessions for people with mental health problems, as well as their family, carers and friends, together with workers from Solent NHS Adult Mental Health (AMH).**

**The programmes cover three themes:**

- **Understanding recovery**
- **Developing knowledge and skills**
- **Moving forward**

**Reports To: Service Manager (SRC)**

**Direct Reports: None**

**Key Relationships: Solent NHS staff, SRC Management group, Head of Service and all team colleagues within Recovery and Support Service**

**Location: Portsmouth (SRC Student Hub and digitally)**

**Hours: Casual as required**

**Salary Range: £9.04 Per Hour (casual hours)**

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## **Main Responsibilities**

- Working alongside colleagues from Solent NHS and The University of Portsmouth to deliver an agreed programme of recovery focussed learning.
- To help veteran learners manage their own recovery and help them set learning goals.
- To model personal responsibility, self-awareness, self-belief, self-advocacy and hope.
- Through the learning programme draw on the lived mental health experience and expertise of students as a way of increasing awareness of recovery.
- To offer individual learners' opportunities to discuss personal recovery goals, both short and long term.
- To signpost learners to other services when appropriate to meet their recovery goals, including encouraging learners to further study, vocational training, volunteering or employment.
- To support learners to identify and overcome fears about learning within a relationship of empathy and trust.
- To create and maintain professional supportive relationships with all members of staff, with other professionals and agencies to enhance recovery.
- To support colleagues in promoting a recovery orientated environment by identifying recovery focused learning activities.
- To ensure attendance at all Solent Mind essential training and meetings.
- To participate in group or individual supervision, appraisal and performance development and identify own development needs, acting as an effective Support and Recovery team member.

## **General**

- To uphold the aims and values of Solent Mind.
- To contribute to the ongoing development of the service and to best practice.
- To work within Solent Mind policies and procedures.
- To maintain up to date knowledge of legislation, national and local policies and issues in relation to both the specific client group and mental health.
- All employees have a duty and responsibility for their own health and safety and the health of safety of colleagues, patients and the general public.
- All employees have a responsibility to prevent abuse and neglect and report concerns.
- All employees have a responsibility and a legal obligation to ensure that information processed for both patients and staff is kept accurate, confidential, secure and in line with current Data Protection legislation and Security and Confidentiality Policies.
- Undertake not to abuse their official position for personal gain, to seek advantage of further private business or other interests in the course of their official duties.

**This list is non exhaustive and other duties may be required to be undertaken to meet the needs of Solent Mind or the Solent Recovery College.**

## Solent Mind - Person Specification

**Job Title: Casual Associate Veteran Peer Trainer**  
**Location: Portsmouth (SRC Student Hub and digitally)**

Requirement	Essential / Desirable
<p><b>Qualifications / Education / Training:</b></p> <p>Educated to Level 2 or equivalent experience.</p> <p>Has successfully undertaken the required training (Train the Trainer) in order to deliver sessions at SRC.</p>	<p>Essential</p> <p>Essential</p>
<p><b>Experience:</b></p> <p>Experience of serving in the armed services.</p> <p>Has lived experience of or caring for someone with mental health problems.</p> <p>Has lived experience of using or caring for someone who has used mental health services.</p> <p>Able to share personal recovery story in a professional manner.</p> <p>High level of self-awareness – ability to critically appraise own performance.</p> <p>An understanding of key concepts of recovery and experience of using self management or recovery tools.</p> <p>An understanding of the key difficulties and challenges faced by people on their recovery journey.</p> <p>Able to demonstrate a robust resilience to managing own mental health.</p>	<p>Essential</p> <p>Essential</p> <p>Desirable</p> <p>Essential</p> <p>Essential</p> <p>Essential</p> <p>Essential</p> <p>Essential</p>
<p><b>Knowledge/Skills/Competencies:</b></p> <p>Demonstrate an understanding of the role of peer support in people’s lives</p> <p>Demonstrate the knowledge, confidence and skills to work within a non-Solent Mind service delivering a peer support/education service</p> <p>Skills to work with change and to support service users through the process</p> <p>Ability to manage time and competing priorities</p> <p>Good team working skills including listening, understanding constructive feedback, showing respect and skill sharing</p> <p>Excellent communication skills including written and I.T.</p>	<p>Essential</p> <p>Essential</p> <p>Essential</p> <p>Essential</p> <p>Essential</p> <p>Essential</p>
<p><b>Other:</b></p> <p>Commitment to Solent Mind’s values</p> <p>Commitment to Solent Mind’s Equal Opportunities and Diversity policies</p> <p>Willingness to undergo a relevant DBS check if required</p>	<p>Essential</p> <p>Essential</p> <p>Essential</p>

<p><b>Date job originated:</b> July 2019</p> <p><b>Date job reviewed:</b> September 2020</p> <p><b>Reviewing Manager:</b> Emma Dunbar</p>
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## **DBS NOTE TO APPLICANTS**

### **Disclosure & Barring Service And Recruitment Of New Staff**

Solent Mind has registered with the Disclosure & Barring Service (DBS), previously known as CRB, in order to make safe, well informed recruitment decisions. We are ensuring that all our relevant policies meet legal and best practice requirements.

We have assessed the post of:-

### **CASUAL ASSOCIATE VETERAN PEER TRAINER**

As requiring an:-

**Enhanced & Barred** level of disclosure.

All convictions, including convictions which would otherwise be “spent” under the Rehabilitation of Offenders Act 1974, must be disclosed for the purposes of this job application.

Solent Mind will determine the relevance of any convictions to the post applied for in line with guidance from the DBS.

Any applicant who is offered employment will be subject to a DBS check from the DBS before the appointment is confirmed. This will include details of cautions, reprimands or final warnings as well as convictions. Applicants will have the opportunity to discuss any disclosure information before a final decision is made as part of the post interview process.