

Contact Us

Solent Mind Advocacy Service
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We're Solent Mind, Hampshire's leading mental health charity.

We're here to make sure that anyone with a mental health problem has somewhere to turn for advice and support.

Find out more at:

 www.solentmind.org.uk

    @SolentMind

Registered Office:
Solent Mind, 15-16 The Avenue, Southampton, SO17 1XF

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Case Conference Advocacy for Parents

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for better mental health

A referral has been made for you to have an Advocate support you at this Case Conference.

Your Advocate will meet with you for an initial preparation meeting prior to the Case Conference. This is to support you with the process and your understanding of the Care Plan.

- Your Advocate will attend one Case Conference meeting with you.
- Your Advocate will then take time to have a short wrap up session after the Conference.
- Your Advocate will always be instructed by you*
- Your Advocate will require your consent before we do anything or speak to anyone*
- The Advocate can only meet with you in the absence of your child/children*

*In accordance with our consent, confidentiality and safeguarding policies.

The Advocate will ask to have your care plan shared so that we have the correct information to support you with.

How can an Advocate help?



We can meet with you before the Case Conference to enable you to understand and respond to your Care Plan.



We will go through each point slowly and we will listen to your answers.

We can also write your answers down or create notes with you.



We can attend the Case Conference with you to support you to be involved.

- We can support you and be by your side at the meeting.
- We can speak for you in the Conference if needed.
- We will check that the points you want raised are heard and included.



Advocates can support you to understand any outcomes or decisions made.

- We will stay and speak to you after the meeting.
- We can share notes we made at the meeting with you.